spring into fitness!

Complete the spaces on this card and submit to RPAC, Jesse Owens, or ARC facility front desk to be entered to win!

Name: ________________________________
Email: ________________________________

- Bring a buddy to work out!
- An outdoor activity
- Your choice!
- Abs workout
- Weight-lifting
- Treadmill or Elliptical
- Your choice!
- Swimming
- Your choice!
- Climbing Wall

Ohio Staters Inc.

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Name: ________________________________
Email: ________________________________

- Bring a buddy to work out!
- An outdoor activity
- Your choice!
- Abs workout
- Weight-lifting
- Treadmill or Elliptical
- Your choice!
- Swimming
- Your choice!
- Racquetball

Ohio Staters Inc.

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Name: ________________________________
Email: ________________________________

- Bring a buddy to work out!
- An outdoor activity
- Your choice!
- Biking
- Disc Golf
- Treadmill or Elliptical
- Your choice!
- Swimming
- Your choice!
- Climbing Wall

Ohio Staters Inc.

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Name: ________________________________
Email: ________________________________

- Bring a buddy to work out!
- An outdoor activity
- Your choice!
- Abs workout
- Biking
- Treadmill or Elliptical
- Your choice!
- Racquetball
- Your choice!
- Pick-up Game

Ohio Staters Inc.