**Rules of WIPEOUT!**

- You should be a strong swimmer who is comfortable in deep water. Anyone who is not a strong swimmer is required to wear a professional flotation device (provided). WIPEOUT! is not recommended for non-swimmers.

- Appropriate, securely fitting swimwear is required to participate. One-piece suits are encouraged, and T-shirts may be worn by anyone.

- Listen to all instructions from lifeguards and pool deck personnel. Failure to do so can result in removal from the event.

- WIPEOUT! is designed to be an individual effort. You are not permitted to touch, push, trip, wrestle OR DISTRACT OTHER PARTICIPANTS.

- Anyone exhibiting unsafe or reckless behavior will be removed from the event.

- No swimming underneath any part of the course.

- If at any time you feel you can’t continue, hold onto the course and wave to the nearest lifeguard for assistance.

- Personal items can be dropped off at the start of the course and retrieved after you finish. Rec Sports is not responsible for lost or stolen items.

- On-deck changing rooms are available for those needing to change into swimsuits. Lockers are not available. Towels will be available at the end of the course.

**For your safety and the wellness of all WIPEOUT! participants, please follow these tips to help prevent the spread of illness:**

- If you have been sick with gastrointestinal symptoms or had diarrhea in the past two weeks, you may not participate in WIPEOUT!

- Do not swallow pool water and keep the water out of your mouth.

- Showers and soap will be available on the pool deck and are strongly encouraged prior to participating in WIPEOUT!