

OFFICE OF STUDENT LIFE

RECREATIONAL SPORTS

Rules of Wipeout

- You should be a strong swimmer who is comfortable in deep water. Anyone who is not a strong swimmer is required to wear a personal flotation device (provided). Wipeout is not recommended for non-swimmers.
- Appropriate, securely fitting swimwear is required to participate. One-piece suits are encouraged, and T-shirts may be worn by anyone.
- Listen to all instructions from lifeguards and pool deck personnel. Failure to do so can result in removal from the event.
- Wipeout is designed to be an individual effort. You are not permitted to touch, push, trip, wrestle OR DISTRACT OTHER PARTICIPANTS.
- Anyone exhibiting unsafe or reckless behavior will be removed from the event.
- No swimming underneath any part of the course.
- If at any time you feel you can't continue, hold onto the course and wave to the nearest lifeguard for assistance.
- Personal items can be dropped off at the start of the course and retrieved after you finish. Rec Sports is not responsible for lost or stolen items.
- On-deck changing rooms are available for those needing to change into swimsuits. Lockers are not available. Towels will be available at the end of the course.

For your safety and the wellness of all Wipeout participants, please follow these tips to help prevent the spread of illness:

- If you have been sick with gastrointestinal symptoms or had diarrhea in the past two weeks, you may not participate in Wipeout.
- Do not swallow pool water and keep the water out of your mouth.