



FINALS WEEK SCHEDULE

FRI 12/08	SUN 12/10	MON 12/11	TUE 12/12
6:15–7:15 a.m. Indoor Cycle RPAC B30	11 a.m.–noon Power Yoga RPAC B134	6:15–7:15 a.m. Indoor Cycle RPAC B30	6:30–7:30 a.m. Simply Strength RPAC B30
8–9 a.m. TRX® RPAC Track Level	Noon–1 p.m. Indoor Cycle RPAC B30	7–8 a.m. Power Yoga RPAC B134	8–9 a.m. TRX® RPAC Track Level
9–10 a.m. Circuit Cycle RPAC B30	3:30–4:30 p.m. Circuit Cycle RPAC B30	9–10 a.m. Circuit Cycle RPAC B30	10:30–11:15 a.m. Indoor Cycle RPAC B30
11 a.m.–noon Yoga RPAC B134	5–6 p.m. Full Body Challenge RPAC B30	10:30–11:15 a.m. Indoor Cycle RPAC B30	11 a.m.–Noon Power Yoga RPAC B134
Noon–1 p.m. Indoor Cycle RPAC B30		Noon–1 p.m. Simply Strength RPAC B30	Noon–1 p.m. Circuit Cycle RPAC B30
3–4 p.m. Circuit Cycle RPAC B30		3–4 p.m. Circuit Cycle RPAC B30	4–5 p.m. Circuit Cycle NRC 310/320
4–5 p.m. Barre None RPAC B134		4–5 p.m. Yoga NRC 210/220	4–5 p.m. Barre None RPAC B134
5:45–6:45 p.m. Shake It! RPAC South Gym		4:30–5:30 p.m. Zumba® RPAC South Gym	5:15–6:15 p.m. TRX® RPAC Track Level
WED 12/13	THUR 12/14	5–6:15 p.m. Relaxation Yoga RPAC B134	5:30–6:30 p.m. Yoga NRC 210/220
6:15–7:15 a.m. Indoor Cycle RPAC B30	6:30–7:30 a.m. Full Body Challenge RPAC B30	5:15–6:15 p.m. TRX® RPAC Track Level	5:30–6:30 p.m. Zumba® RPAC South Gym
9–10 a.m. Circuit Cycle RPAC B30	8–9 a.m. TRX® RPAC Track Level	5:30–6:30 p.m. Circuit Cycle NRC 310/320	6–7 p.m. Circuit Cycle RPAC B30
Noon–1 p.m. TRX® RPAC Track Level	9–10 a.m. Yoga RPAC B134	6–7 p.m. Full Body Challenge RPAC B30	
4:30–5:30 p.m. Shake It! RPAC South Gym	Noon–1 p.m. Circuit Cycle RPAC B30		
5–6 p.m. Circuit Cycle RPAC B30			
5:30–6:45 p.m. Relaxation Yoga RPAC B134			

KEY

RPAC: 
North Rec: 

NO CLASS

Saturday, 12/09 | all day

Visit recsports.osu.edu for class descriptions and instructor info.