

# FINALS WEEK GROUP FITNESS CLASSES

FRI	SUN	MON	TUES	WEDS	THURS
6:15–7:15 a.m. Indoor Cycle RPAC B30	11 a.m.–noon Power Yoga RPAC B30	6:15–7:15 a.m. Indoor Cycle RPAC B30	6:30–7:30 a.m. Rise & Grind RPAC B30	6:15–7:15 a.m. Indoor Cycle RPAC B30	6:15–7:15 a.m. 30/30 RPAC B30
8–9 a.m. TRX® RPAC Track Level	12:15–1 p.m. Indoor Cycle RPAC B30	9–10 a.m. Circuit Cycle RPAC B30	8–9 a.m. TRX® RPAC Track Level	9–10 a.m. 30/30 RPAC B30	8–9 a.m. TRX® RPAC Track Level
9–10 a.m. Circuit Cycle RPAC B30	3:30–4:30 p.m. Circuit Cycle RPAC B30	10:20–11:20 a.m. Power Yoga RPAC B30	10:20–11:20 a.m. Power Yoga RPAC B30	noon–1 p.m. TRX® RPAC Track Level	10:15–11 a.m. Barre Express RPAC B30
11 a.m.–noon Yoga RPAC B30	5–6 p.m. Full Body Challenge RPAC B30	11:45 a.m.–12:45 p.m. 30/30 Barbell RPAC B30	11:45 a.m.–12:45 p.m. 30/30 RPAC B30	4:30–5:30 p.m. Zumba® RPAC B134	11:45 a.m.–12:45 p.m. Circuit Cycle RPAC B30
3–4 p.m. Circuit Cycle RPAC B30		3–4 p.m. Circuit Cycle RPAC B30	4:10–5 p.m. Cardio Barbell RPAC B30	5:30–6:30 p.m. Circuit Cycle Pilates RPAC B30	
4–5 p.m. Barre Boost RPAC B134		4–5 p.m. Yoga NRC 210	4:30–5:30 p.m. Yoga RPAC B134	5:50–6:50 p.m. Power Yoga RPAC B134	
5:30–6:30 p.m. Shake It! RPAC B134		4:30–5:30 p.m. Barre None RPAC B134	4:30–5:30 p.m. Circuit Cycle NRC 310		
		5:30–6:30 p.m. Cross Training RPAC South Gym	5:30–6:30 p.m. TRX® RPAC Track Level		
		5:30–6:30 p.m. Circuit Cycle Pilates NRC 310	5:30–6:30 p.m. STRONG by Zumba® NRC 210		
		6–7 p.m. Zumba® RPAC B134	5:50–6:50 p.m. Barre Boost RPAC B134		
		6:45–7:45 p.m. TRX® RPAC Track Level	7:15–8:15 p.m. Relaxation Yoga RPAC B134		
		7:30–8:30 p.m. Candlelight Yoga RPAC B134			

## KEY

RPAC: 

North Rec: 

ACTIVATE YOUR FREE GROUP FITNESS PASS BEFORE COMING TO CLASS!  
[go.osu.edu/activatefitnesspass](http://go.osu.edu/activatefitnesspass)