TALK

T = TIED-IN AND THREADED
- The rope is attached to climbers harness through both tie-in loops (not the belay loop)
- Both harnesses are double-backed and worn properly

A = ANCHOR AND APPAREL
- We are climbing on the correct rope
- Does the belayer need to anchor in?
- Do either of us have any loose clothing or jewelry on?

L = LOCKED AND LOADED
- The carabiner is locked through the belay device and belay loop of the harness
- The rope is properly loaded through the belay device

K = KNOT AND KNOW HOW
- The figure 8 follow-through is tied properly – 5 pairs with a tail
- We know proper belay technique and beta for the route

CLIMBER

ON BELAY?

BELAYER
BELAY IS ON!

CLIMBER
CLIMBING?

BELAYER
CLIMB ON!

CLIMBER
TAKE!

BELAYER
GOTCHA!

CLIMBER
READY TO LOWER?

BELAYER
LOWERING!