OAC CLIMBING WALL POLICIES

- Be courteous and respectful to all climbers and staff
- All belayers must hold a valid OAC Belay Certification
- Climbers must remove jewelry before climbing or belaying
- All personal gear is subject to inspection before each use
- Do not climb under the influence of drugs/alcohol
- Report injuries and/or issues to OAC Climbing Instructors
- Objects must be removed from pockets prior to climbing
- Food and drinks are not allowed in climbing areas
- Water is permitted in a sealable container
- Proper clothing and footwear should be worn at all times
- Spotters are highly recommended while bouldering
- Loose chalk is not allowed
- Helmets must be worn when lead climbing
- Helmets must be worn by patron under the age of 18

TALK

T = TIED-IN AND THREADED
- The rope is attached to climbers harness through both tie-in loops (not the belay loop)
- Both harnesses are double-backed and worn properly

A = ANCHOR AND APPAREL
- We are climbing on the correct rope
- Does the belayer need to anchor in?
- Do either of us have any loose clothing or jewelry on?

L = LOCKED AND LOADED
- The carabiner is locked through the belay device and belay loop of the harness
- The rope is properly loaded through the belay device

K = KNOT AND KNOW HOW
- The figure 8 follow-through is tied properly – 5 pairs with a tail
- We know proper belay technique and beta for the route

OAC CLIMBING COMMANDS

CLIMBER

ON BELAY?

BELAYER

BELAY IS ON!

CLIMBER

CLIMBING?

BELAYER

CLimb on!

CLIMBER

TAKE!

BELAYER

GOTCHA!

CLIMBER

READY TO LOWER?

BELAYER

LOWERING!