<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>6:15–7:15 a.m.</td>
<td>Indoor Cycle</td>
<td>RPAC B30</td>
</tr>
<tr>
<td>8–9 a.m.</td>
<td>TRX</td>
<td>RPAC Track Level</td>
</tr>
<tr>
<td>9–10 a.m.</td>
<td>Circuit Cycle</td>
<td>RPAC B30</td>
</tr>
<tr>
<td>11:45 a.m.–12:45 p.m.</td>
<td>Cycle + Barre</td>
<td>RPAC B30</td>
</tr>
<tr>
<td>3–3:45 p.m.</td>
<td>Indoor Cycle</td>
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</tr>
<tr>
<td>4–5 p.m.</td>
<td>Barre</td>
<td>RPAC B134</td>
</tr>
<tr>
<td>5:30–6:30 p.m.</td>
<td>Zumba</td>
<td>RPAC B134</td>
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<tr>
<td>11 a.m.–noon</td>
<td>Yoga</td>
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<tr>
<td>12:15–1 p.m.</td>
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<tr>
<td>1–2 p.m.</td>
<td>Barre</td>
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<tr>
<td>1:30–2:30 p.m.</td>
<td>30/30 Barbell</td>
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<tr>
<td>5–6 p.m.</td>
<td>Full Body Challenge</td>
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<td>3–4 p.m.</td>
<td>Circuit Cycle</td>
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<tr>
<td>4–5 p.m.</td>
<td>Yoga</td>
<td>NRC 210</td>
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<tr>
<td>4:30–5:30 p.m.</td>
<td>Barre None</td>
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<tr>
<td>5–6 p.m.</td>
<td>Circuit Cycle</td>
<td>NRC 310</td>
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<tr>
<td>6–7 p.m.</td>
<td>Shake It!</td>
<td>RPAC South Gym</td>
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<td>7:30–8:30 p.m.</td>
<td>Candlelight Yoga</td>
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<td>Power Yoga</td>
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<tr>
<td>4:10–5 p.m.</td>
<td>Cardio Barbell</td>
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**KEY**
- RPAC: North Rec:

ACTIVATE YOUR FREE GROUP FITNESS PASS BEFORE COMING TO CLASS!
go.osu.edu/activatefitnesspass