STEP UP, GRAB HOLD AND SEE WHAT YOU’RE MADE OF!

PROGRESS IS NEVER MEASURED WITHOUT A STARTING POINT. SO LET’S GO!

Not all Pounds are Equal
When you step on a scale and see that you’ve lost 2 pounds, what did you really lose? 2 pounds of fat? Muscle? Water? Change the way you see your weight. Understand your health by seeing how much muscle, fat, and water you have instead of relying on a number on a scale. Body Composition testing is the future!

Quick
In just 45 seconds the InBody will reveal how your diet and exercise are affecting your health. Through regularly scheduled testing you can challenge yourself and monitor your progress on your full-page results sheet provided to you immediately following each test.

Precise & Informative
InBody uses the latest patented and cutting-edge technology to provide you with the most accurate results in the industry. Receive a personalized report that informs you of your overall health including body fat percentage, amount of lean muscle tissue, visceral fat (fat in and around your organs) and more. Take the InBody Test at least once a month or quarterly to accurately track your progress.

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