

# FREE GROUP FITNESS CLASSES:

## SPRING BREAK: MARCH 10 – 17

SUN 3/10	MON 3/11	TUES 3/12	WEDS 3/13	THURS 3/14	FRI 3/15	SUN 3/17
12:30–1:30 p.m. Circuit Cycle RPAC B30	9:15–10 a.m. Indoor Cycle RPAC B30	8–9 a.m. TRX® RPAC Track Level	9–10 a.m. Cycle + Barre RPAC B30	8–9 a.m. Full Body Challenge RPAC B30	9:15–10 a.m. Barre Express RPAC B30	10:30–11:30 a.m. Yoga RPAC B134
5:30–6:30 p.m. STRONG by Zumba® RPAC B30	Noon–12:50 p.m. Cardio Barbell RPAC B30	11:45 a.m.–12:45 p.m. 30/30 RPAC B30	Noon–1 p.m. TRX® RPAC Track Level	11:45 a.m.–12:45 p.m. 30/30 RPAC B30	11:45 a.m.–12:45 p.m. Circuit Cycle RPAC B30	10:30–11:30 a.m. 30/30 RPAC B30
	4–4:50 p.m. TRX® Express RPAC Track Level	5:30–6:30 p.m. Yoga RPAC B134	4:10–5:00 p.m. Cardio Barbell RPAC B30	5:30–6:30 p.m. Power Cycle RPAC B134		Noon–1 p.m. Barre Boost RPAC B134
	5:30–6:30 p.m. Circuit Cycle RPAC B30		5:30–6:30 p.m. Circuit Cycle RPAC B30			4–5 p.m. Shake It! RPAC B30
						5:30–6:15 p.m. Pilates Express RPAC B30
						6:45–7:45 p.m. Full Body Challenge RPAC B30

### KEY

- RPAC: ■
- North Rec: ■
- Women's Field House: ■

ACTIVATE YOUR FREE GROUP FITNESS PASS BEFORE COMING TO CLASS!  
[go.osu.edu/activatefitnesspass](http://go.osu.edu/activatefitnesspass)